

# Highlands Outdoor Education Centre

## 2019/2020 Program List



Fall (September 23 - November 1)



Winter (January 6 - March 27)



Spring (April 20 - June 26)

Combine 2 programs for a full day educational experience.

### Forest School & Ecological Studies

Program	JK/SK	1	2	3	4	5	6	7	8	Season Offered
Junior Ranger Walk		█								
Lost in the Woods	█									
Human Survival					█					

### Health & Physical Education

Program	JK/SK	1	2	3	4	5	6	7	8	Season Offered	
Cross-Country Skiing				█							
Snowshoeing		█									
Team Dynamics							█				

For more information: (705) 444-5017  
 hoec@highlandsnordic.ca  
 www.highlandsnordic.ca



1182 10<sup>th</sup> Concession S.  
 Duntroon, ON  
 L0M 1H0

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### Science & Technology

Program	JK/SK	1	2	3	4	5	6	7	8	Season Offered
Discover Science										Autumn
Sensory Stroll										Autumn
Farm and Pond										Spring
Leader of the Pack										Autumn
Energy in Our Lives										Autumn, Winter
Materials, Objects, and Everyday Structures										Autumn, Winter
The Water Cycle Game										Autumn
Air and Water in the Environment										Autumn
Movement										Autumn
Soils Under Our Feet										Autumn
Plant Trek										Autumn

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







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### Science & Technology

Program	JK/SK	1	2	3	4	5	6	7	8	Season Offered
Strong and Stable Structures										  
Forces Causing Movement										  
Pulleys and Gears										  
Rocks and Minerals										  
Habitats and Communities										
Predator/Prey Survival Game										  
Conservation of Energy and Resources										  
Forces Acting on Structures and Mechanisms										  
Biodiversity										
Electricity and Electrical Devices										  
Flight										  
Farm, Pond, and Forest										

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### Social Studies, History, & Geography

Program	JK/SK	1	2	3	4	5	6	7	8	Season Offered
Wayfaring										  
Maple Syrup										March 23 – April 3
*Pioneers and Pedlars										  
Walker Quarry Bus Tour										 
*Trappers and Traders										  
Compass Orienteering										 
Patterns in Physical Geography										 

\* Program is a full-day program and cannot be combined with another program.

**Parent volunteers are required for all programs to meet a 1:5 ratio if possible.**

Please see website for:

- Program descriptions
- Links to curriculum connections
- OEC Trip Tips

#### Fall and Spring

Half Day (One Program) \$10.00 per student

Full Day (Two Programs) \$14.00 per student

#### Winter

Half Day (One Program) \$15.00 per student

Full Day (Two Programs) \$20.00 per student

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